

Public Health

Academic Planning Worksheet 2026-2027

Simmons University

Office of Undergraduate Advising

Notes:

- Simmons requires that all undergraduates complete a minimum of 128 credits of coursework, fulfill PLAN and major/program requirements, and submit a Senior Audit form to graduate.
- You may declare a major after you have earned 32 credits. You must declare a major prior to earning 80 credits.

Core Requirements

Majors will complete a core of the following courses.

Course #	Course Title	Credits	Completed
BIOL 113CD*	General Biology (KCA/SCI)	4	
BIOL 104CD	Introduction to Environmental Science	4	
BIOL 221CD	Microbiology (KCA-SCI)	4	
CHEM 101CD**	Chemical Determinants of Health**	4	
COMM 312CD	Health Communications (KCA- GC)	4	
PH 101CD*	Introduction to Public Health	4	
PH 201CD	Introduction to Epidemiology	4	
PH 345CD	Health Care Systems and Policy	4	
PH 347CD	Public Health Senior Seminar	4	
STAT 118CD	Introduction to Statistics	4	
PH 241CD*	Health, Illness, and Society (KCA/SH)	4	
PH 245CD*	Global Health (KCA/GC)	4	
SOCI 239CD	Introduction to Social Research (prereq: SOCI-241)	4	

*It is **strongly recommended** to complete these courses by the end of second year. If this is not possible, please consult with your advisor(s).

**Students should take CHEM 101CD to satisfy the chemistry requirement. However, if students have already taken CHEM 110CD, CHEM 111CD, or CHEM 112CD previously, they may substitute that course for CHEM 101CD.

Capstone

Public Health seniors will complete their capstone requirement by taking the Public Health Senior Seminar (PH 347CD), plus a capstone course (OCD 395CD) in which students will have a choice between completing a one-semester internship or research project. **Major Electives**

Students must choose two additional elective courses from the list below.

Course #	Course Title	Credits	Completed
		4	
		4	

- BUS 234CD Organizational Communication & Behavior

- **PH 235CD** **Introduction to Public Health Promotion (Recommended)**
- **SOCI 285CD** **Drugs and Society**
- Note: potential to accept credits from outside universities for elective courses
- Note: Transfer office does not review for electives. The Public Health Program Director will review this.

PLAN Requirements

PLAN (Purpose Leadership ActionN) is the Simmons undergraduate general education program. Some PLAN requirements can be fulfilled with courses required for this major, as indicated below. Additional PLAN requirements may be fulfilled through electives. PLAN requirements, with the exception of the capstone, are waived for students who have an associate's degree from an accredited institution. We highly recommend that you work closely with your advisor(s) to choose all of your courses.

Course Title		Credits	Completed
Math*: 1) Students who do not pass the mathematics competency placement exam by orientation or who do not meet the math competency requirement in one of the other ways described above must take MATH 101CD in the first semester it is available.		0/4	
<i>CNCT 101: Simmons Connect**</i>		3	
<i>LDR 201: Gender and Leadership</i>		4	
<i>CDA 201: Cross-Disciplinary Approaches to Public Issues</i>		6	
<i>CNCT 201: Pathways to Career and Leadership (Recommended after CDA)</i>		1	
3D Design Across Diverse Disciplines *** (Students work on this requirement while enrolled in CNCT 201)		12	
Requirements		Course Selected	
Language & Culture****: Two (additional) Global Cultural (GC) courses		4	
		4	
Quantitative Literacy (QL)		4	
Key Content Areas ***** (KCA's)	Aesthetic, Literary, and Artistic (ALA)	4	
	Global Cultural (GC)	PH245	4
	Scientific Inquiry (SCI)	BIO113	4
	Social and Historical (SH)	PH241	4

**Students must satisfy the math competency requirement during their first semester at Simmons. Students who do not pass the mathematics competency exam by the end of their first semester or who do not meet the math competency requirement must take MATH 101 in the first semester it is available.*

***We highly encourage all students to take Simmons Connect in their first semester, and we recommend this course for all students, even those who enter with an associate's degree.*

****The 3D (Design Across Diverse Disciplines) requirement may be met with one course in your major and two additional courses (which may also satisfy KCA requirements).*

*****KCA requirements may be satisfied by courses in your major, LC courses, and/or 3D courses.*

Program Contact

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