

Social Work

Academic Planning Worksheet 2026-2027

Simmons University

Office of Undergraduate Advising

Notes:

- Simmons requires that all undergraduates complete a minimum of 128 credits of coursework, fulfill PLAN and major/program requirements, and submit a Senior Audit form to graduate.
- You may declare a major after you have earned 32 credits. You must declare a major prior to earning 80 credits.

Core Requirements

Majors will complete the core of the following courses.

Notes

- Major requires 72 credit hours.
- The BSW curriculum includes service-learning requirements, as well as formal, supervised field placements:
 - Service-Learning: 40 hours: SW-253CD (Past or present volunteer/work experiences can be used)
 - Students need to complete [this form](#) to document the service-learning program requirement.
 - Practicum: 212.5 hours: SW-370CD, SW-371CD
- Students are recommended to fulfill their PLAN and liberal arts requirements (STAT 118CD; BIO 113CD; PH 101CD) before taking SOCI 239CD.

Course #	Course Title	Credits	Complete
SW 101CD	Introduction to Social Work & Social Welfare	4	
SW 253CD	Human Behavior in the Social Environment (HBSE)	4	
SW 200CD	Social Welfare Policy	4	
SW 351CD	Introduction to Generalist Social Work Practice (prereq: SW 101 and SW 253)	4	
RGS/WGSS101	Identity and Power	4	
SW 352CD	Social Work Practice with Individuals & Families (prereq: SW 351; Taken concurrently with SW-345X; if not, SW-352 before SW-345X)	4	
SW 255CD	Strategies for Effective Communication in Social Work Practice (prereq: SW 351 and SW 352)	4	
SW 354CD	Macro Social Work Practice (prereq: SW 351)	4	
SW 353CD	Social Work Practice with Groups (prereq: SW 352)	4	
SOCI 239CD	Introduction to Social Research (Recommendation: Take after STAT 118, BIO 113, PH 101)	4	

Field Experiences and Placements

Course #	Course Title	Credits	Complete
SW 345CD	Junior Foundations Lab (prereq: SW 351; Taken concurrently with SW-352)	4	
SW 370CD	Social Work Practicum & Seminar I (prereq: SW 352 and 345X)	8	
SW 371CD	Social Work Practicum & Seminar II (prereq: SW 352 and 345X)	8	

Additional Required Liberal Arts Courses

Complete the following courses as part of the liberal arts plan of study. BSW students may elect to take the liberal arts required courses Pass/Fail. Information can be found [here](#) about the Pass/Fail process.

Course #	Course Title	Credits	Complete
STAT 118 CD	Introductory Statistics (or higher)	4	
BIOL 109CD or BIOL 113CD	Sex, Gender and Biology or General Biology	4	

Choose ONE liberal arts course from the following options.

Course Selected	Credits	Complete
	4	

Elective offerings will vary by semester and may include:

PH 101CD	Public Health
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Students may transfer in other courses that are approved by the academic department to meet this requirement. Courses included are Principles of Macroeconomics (ECON101), Introduction to American Politics (POLS101, and American Public Policy (POLS217).

PLAN Requirements

PLAN (Purpose Leadership ActionN) is the Simmons undergraduate general education program. Some PLAN requirements can be fulfilled with courses required for this major, as indicated below. Additional PLAN requirements may be fulfilled through electives. PLAN requirements, with the exception of the capstone, are waived for students who have an associate's degree from an accredited institution. We highly recommend that you work closely with your advisor(s) to choose all of your courses.

Course Title	Credits	Completed
Math*: 1) Students who do not pass the mathematics competency placement exam by orientation or who do not meet the math competency requirement in one of the other ways described above must take MATH 101CD in the first semester it is available.	0/4	
CNCT 101: Simmons Connect**	3	
LDR 201: Gender and Leadership	4	
CDA 201: Cross-Disciplinary Approaches to Public Issues	6	
CNCT 201: Pathways to Career and Leadership (Recommended after CDA)	1	
3D Design Across Diverse Disciplines *** (Students work on this requirement while enrolled in CNCT 201)	12	
Requirements	Course Selected	
Language & Culture****: Two (additional) Global Cultural (GC) courses	4	

			4	
Quantitative Literacy (QL)			4	
Key Content Areas ***** (KCAs)	Aesthetic, Literary, and Artistic (ALA)		4	
	Global Cultural (GC)		4	
	Scientific Inquiry (SCI)		4	
	Social and Historical (SH)		4	

**Students must satisfy the math competency requirement during their first semester at Simmons. Students who do not pass the mathematics competency exam by the end of their first semester or who do not meet the math competency requirement must take MATH 101 in the first semester it is available.*

***We highly encourage all students to take Simmons Connect in their first semester, and we recommend this course for all students, even those who enter with an associate's degree.*

****The 3D (Design Across Diverse Disciplines) requirement may be met with one course in your major and two additional courses (which may also satisfy KCA requirements).*

******KCA requirements may be satisfied by courses in your major, LC courses, and/or 3D courses.*

Program Contact

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