

Sharon Gallagher, MEd, RD, LDN

Sharon-Gallagher@comcast.net

617- 653- 3047

Objective

Self-motivated professional with over thirty years of experience as an educator and Registered Dietitian in a variety of settings. Highly organized, detail-oriented, and adept at working in a fast-paced environment. Excellent team player with superior oral and written communication skills.

Employment

SIMMONS UNIVERSITY, Boston, MA

October 2015 - Present

Assistant Dietetic Internship Director

- Maintains compliance (with Program Director) for Dietetic Internship Program to meet the criteria established by the Accreditation Council for Nutrition and Dietetics (ACEND)
- Monitors and co-directs (with Program Director) the internship supervised practice experiences
- Manages 20 dietetic interns and provides counsel on professional and personal development
- Assesses the dietetic interns via progress reports, conferences and evaluation forms
- Maintains contracts with affiliating agencies
- Maintains intern student records
- Co-directs (with Program Director) the recruitment and appointment process for dietetic intern selection
- Co-directs the training of preceptors and provides on-going support
- Plans policy and program evaluation, including assisting the Program Director with writing the required reports for ACEND.
- Collaborates with other Dietetic Internships to coordinate joint class planning
- Collects data to meet ACEND standards
- Markets the Dietetic Internship to prospective applicants and faculty of colleges and universities
- Coordinates and co-leads (with Program Director) dietetic internship orientation for interns
- Attends annual professional meetings to stay current on education and dietetics profession

Professor of Practice

May 2023 – present

- Lead instructor for Advanced Applications in Community Nutrition and Introduction to Nutrition
- Full participating faculty member

Associate Professor of Practice

October 2015 – May 2023

FRAMINGHAM STATE UNIVERSITY, Framingham, MA

Senior Adjunct Instructor

1994 – 2025

Senior Instructor II

2025 - present

Teaching both undergraduate and graduate nutrition courses, currently 100% Web-based.

Created courses for a variety of settings, both on and off campus, as well as Web-based.

- *Undergraduate courses:* Nutrition Science and Applications (Web-based), Medical Dietetics, Nutrition in the Life Cycle
- *Graduate Courses:* Nutrition Science for Educators (traditional and Web-based versions), Contemporary Issues in Nutrition for Educators (Web-based), Using Nutrition and Physical Activity Messages in Middle School Curriculum (Web-based)

LORI LIEBERMAN & ASSOCIATES, Quincy, MA

April 2015 – Present

Outpatient Dietitian

- Provides medical nutrition therapy in a private practice setting
- Counseling philosophy focused on lifestyle changes and moving-beyond dieting

BROCKTON VISITING NURSE ASSOCIATION, Brockton, MA

2001 - Present

Consultant Dietitian

- Performs home visits upon referral from clinicians
- Evaluates patient's nutritional status and provides medical nutrition therapy
- Instructs BVNA staff through continuing education inservices
- Provides community nutrition education

BOSTON MEDICAL CENTER, Boston, MA

2007 - 2015

Bariatric Dietitian

- Conducted pre-operative patient assessments and education
- Provided post-operative medical nutrition therapy, including review of clinical and biochemical data
- Advised patients in setting realistic post-operative weight management goals
- Monitored vitamin and mineral laboratory values and adjusts supplementation accordingly
- Developed group education model to increase productivity and patient access
- Led monthly support group
- Collaborated with multi-disciplinary team on patient care
- Precepted dietetic interns

FITZ, VOGT, & ASSOCIATES

2002 - 2010

ATRIA SENIOR LIVING

2006 - 2010

Consultant Dietitian

- Achieved documentation standards for contracted assisted living organizations
- Provided medical nutrition therapy to residents on therapeutic diets (group and individual education)
- Critiqued and approved menus based on nutritional standards
- Led inservices for foodservice staff

HARVARD VANGUARD MEDICAL ASSOCIATES, Quincy, MA

1995 -2001

Outpatient Dietitian

- Provided medical nutrition therapy to adult and pediatric clients on a variety of therapeutic diets
- Conducted group education classes
- Participated in health promotion activities
- Provided continuing education to clinicians
- Precepted dietetic interns

BETH ISREAL DEACONESS HOSPITAL, Boston, MA

1989 - 1995

Surgical Obesity Program Coordinator (1993-1995)

- Coordinated program activities
- Led support group
- Revised and maintained computer database program
- Marketed program
- Trained inpatient staff
- Developed program education materials
- Wrote quarterly patient newsletter

Outpatient Dietitian (1992 – 1994)

- Specialist in weight management and gastric bypass surgery
- Provided individual and group counseling for adult clients
- 1992: Developed Nutrition Medicine Clinic with George Blackburn, MD, PhD

Clinical Dietitian/Diabetes Educator - Diabetes Treatment Unit / Joslin Diabetes Center (1989 – 1992)

- Provided individual and group nutrition education to adult and pediatric patients and their families
- Developed patient education materials and curriculum

MASSACHUSETTS GENERAL HOSPITAL, Boston, MA

1988 - 1999

Clinical Dietitian

- Specialist in psychiatric nutrition-related disorders

Registration and Certification

Registered, Licensed Dietitian (AND # 719019, MA License #202)

Certificate of Training in Obesity Interventions for Adults (2019)

Summer Teaching Institute, Simmons University (2024)

Education

Framingham State University, Framingham, MA
Master of Education (Nutrition Education)

1990 - 1994

Massachusetts General Hospital, Boston, MA
Dietetic Internship

1987 - 1988

Cornell University, Ithaca, NY
Bachelor of Science in Clinical Nutrition

1987

Awards

Excellence in Undergraduate Teaching, **Simmons University**, Boston, MA

2023

Publications

Han, M. and Gallagher, S. (2024, April) "Intervention to Reduce Food Insecurity by Making Generic Brands a Desirable Food Choice". Abstract/poster accepted by the MA Annual Nutrition Conference and Exposition, Norwood, MA.

Nelson, P., Collin, C., Gushwa, M., Gallagher, S., Rissmiller, P., Hartmann, K. (2022, November) It Takes a Village: Examining a Collaborative Methodology to Promote Interprofessional Education for Graduate Students. 2022 ASHA Convention.

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Janvier, N., Gallagher, S. (2021, October) "A survey to determine the acceptability of an interactive recipe to increase children's exposure and acceptance to healthy foods." Abstract/poster accepted for the Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo.

Poccia, S., Gallagher, S. (2021, August) "Health360 Policies: Lessons for healthy habits to reduce childhood obesity risk." Abstract/poster accepted for the Society for Nutrition Education and Behavior Conference.

Huntley, C., Gallagher, S., and Stone, R. (2020, March) *Nutrition Intervention to Make the Healthy Choice the Easy Choice at the Open Door in Gloucester*. Poster accepted by the MA Annual Nutrition Conference and Exposition, Norwood, MA.

Ruiz, A., Gallagher, S., and Petrowski, L. (2020, March) *Snack Attack: A Workshop Focusing on Basic Nutrition Education and Efficacy in Choosing Healthy Snacks with Second Graders in Hanover, MA*. Poster session accepted by the MA Annual Nutrition Conference and Exposition, Norwood, MA.

Gallagher, S. "Networking for Nutrition and Earning Administrative Support" In: ***Nutrition in Public Health***, S. Edelstein, ed., 4th edition, Jones & Bartlett, 2016.

Professional Organization Leadership

ACCREDITATION COUNCIL FOR EDUCATION IN NUTRITION AND DIETETICS (ACEND)
Lead Program Reviewer October 2015 - Present

ACADEMY OF NUTRITION AND DIETETICS (AND)
Weight Management Certificate Committee member 2018 - 2020

MASSACHUSETTS ACADEMY OF NUTRITION AND DIETETICS (MAND)
Nominating Committee 2019 - 2020
Treasurer 2005 - 2006
Treasurer - Elect 2004 - 2005
Director, Education 2003 - 2004
Director – Elect of Education 2002 - 2003
Public Relations Committee 1992 - 1994

MASSACHUSETTS DIETITIANS EDUCATION FOUNDATION (MDEF)
Treasurer 2006 - 2009

ACADEMY OF NUTRITION AND DIETETICS (AND) DIABETES CARE AND EDUCATION PRACTICE GROUP
Author: "Have You Seen?" column for DPG Newsletter 1998 - 2001
Newsletter Editor 1995 - 1998
Area Coordinator for New England 1993 - 1995
State Networker for MA 1992 - 1993