

CRISIS SERVICES AND RESOURCES FOR SURVIVORS

Simmons University is grateful to partner with the Boston Area Rape Crisis Center (BARCC) to provide various crisis services and resources to the Simmons community. Through BARCC, Simmons can offer our students, faculty, and staff crisis intervention, counseling, and advocacy.

What services are available to me through BARCC?

- A 24-hour hotline (800-841-8371) (Individuals who are deaf or hard of hearing: [Mass Relay](#))
- [Webchat](#) (7 days/week, 9am-11pm)
- Counseling
- Medical accompaniment
- Legal advocacy

Are these services confidential?

Yes! Except in certain instances involving the health and safety of the individual or others, BARCC's services are confidential.

Are these services free?

Yes! BARCC's services are free.

How can I access these resources?

For urgent requests (or if you are in fear of someone knowing you reached out for help):

- Call the hotline at 800-841-8371
- Chat [online](#) (9:00 a.m. – 11:00 p.m.)
- For time-sensitive medical care and evidence collection options, we recommend that you call the hotline 24-7 at 800-841-8371 or 9:00 a.m.–11:00 p.m.

Non-urgent requests (you will receive a response within three (3) business days):

- Make an appointment [online](#)
- Call 617-492-8306

ADDITIONAL RESOURCES:

[Simmons Student Assistance Program](#) (free and confidential emotional support)

- For graduate and undergraduate on-campus students and members of their household
- 24/7 hotline: **800.272.7255**
- Up to 5 free sessions per identified issue

[Employee Assistance Program](#) (free and confidential emotional support)

- For Simmons employees and their family members
- 24/7 assistance, 7 days/week
- Visit [mylifeexpert.com](#) (use company access code: simmons) or call 800-451-1834
- Up to 5 free mental health counseling sessions

[Who Can Help](#) (for assistance through Simmons on other matters)

Simmons' Department of Public Safety is available 7 days/week, 24 hours/day for emergency assistance. CALL: 617-521-1111

ADDITIONAL RESOURCES **FOR SURVIVORS**

CONFIDENTIAL RESOURCES

Simmons has several different confidential resources available for any student, staff, or faculty who wish to connect with someone confidentially.

CONFIDENTIAL RESOURCE PERSON

Matoaka Kipp

Director of the REEF Support Center
A-075B Main College Building

matoaka.kipp@simmons.edu

ADDITIONAL CONFIDENTIAL RESOURCES

Simmons Health Center staff

617-521-1020 // 94 Pilgrim Rd, Boston, MA

Simmons Counseling Center staff

617-521-2455 // counseling@simmons.edu

These individuals will not share with Simmons' Title IX Coordinator any information shared with them about sexual harassment, unless authorized to do so by the individual.

** Note: There are a few limited circumstances where even confidential resources are legally-mandated to report information. These may include cases involving abuse of minors, persons with disabilities, or the elderly; when required to provide testimony in response to a subpoena or court order; or where an individual is at risk of imminent harm to self or others.*

PEER SUPPORTERS AT SIMMONS: BETSY'S FRIENDS

Betsy's Friends is a unique peer education program designed to educate students about relationship violence through weekly meetings and peer supports. Peer Supporters are trained undergraduate students that can be accessed by attending weekly office hours. Students may discuss relationships, being a survivor, how to help a friend, and navigating resources on campus. Because they have the responsibility to report to the Title IX team, they cannot be considered fully 'confidential'.

FOLLOW BETSY'S FRIENDS ON INSTAGRAM:

@simmons_vpeo

Student Affairs Suite, Office G

betsysfriends@simmons.edu

Title IX at Simmons

We encourage anyone who wishes to report sexual harassment to contact Simmons' Title IX Coordinator: **Sara Simberg**, Assistant General Counsel, at simberg@simmons.edu or **617-521-3289**. To learn more about Title IX at Simmons, including to access a copy of our [Sexual Harassment Policy for Students, Faculty, Staff, and Visitors](#), visit us [here](#).

For additional resources, including SANE Nurse Clinic locations and Boston-based groups for survivors, visit our [Violence Prevention and Education website](#).