

Nutrition and Dietetics Academic Planning Worksheet

2018-2019 Catalog

Notes

- Students are required to complete 80 credit hours for the major.
- Students must earn a C or better in all prerequisite courses (chemistry, biology, and statistics), as well as a B- or better in all nutrition courses, and maintain a 3.0 GPA or higher.
- Students apply to the major during their sophomore year.
- See "Simmons PLAN & Graduation Requirements" worksheet for all-college requirements.

Major Core

Majors will complete a core of the following courses.

Course #	Course Title	Credits	Completed		
First Year					
NUTR 111 or	Fundamentals of Nutrition or	4			
NUTR 112	Introduction to Nutrition Science				
CHEM 111 or	Introductory Chemistry: Inorganic or	4			
CHEM 113 or	Principles of Chemistry or				
CHEM 115	Advanced General Chemistry				
CHEM 112 or	Introductory Chemistry: Organic or	4			
CHEM 114	Organic Chemistry I				
Sophomore Year					
BIOL 113	General Biology	4			
BIOL 221	Microbiology	4			
NUTR 248	Food Production and Service Systems	4			
MATH 118	Introductory Statistics	4			
NUTR 237	The Practice of Community Nutrition	4			
Junior Year					
BIOL 231	Anatomy and Physiology I	4			
BIOL 232	Anatomy and Physiology II	4			
NUTR 201	Advanced Food Science	4			
NUTR 249	Leadership in Food Service Management	4			
CHEM 223	Introduction to Biochemistry	4			
Senior Year					
NUTR 311	Nutrient Metabolism	4			
NUTR 301	Dietetics Professions	1			
NUTR 334	Medical Nutrition Therapy	6			
NUTR 331	The Practice of Clinical Dietetics	4			

Capstone

Complete the following to fulfill the capstone requirement.

Course #	Course Title	Credits	Completed
NUTR 381	Advanced Application in Community Nutrition	4	
NUTR 390	Seminar: Selected Topics in Nutrition	4	