

Notes

- Students are required to complete 80 credit hours for the B.S. in Nutrition & Dietetics.
- Students must earn a C or better in all prerequisite courses (chemistry, biology, and statistics), as well as a B- or better in all nutrition courses, and maintain a 3.0 GPA or higher.
- Students apply to the B.S. in Nutrition & Dietetics during their sophomore year.
- Simmons B.S. in Nutrition & Dietetics students may apply for the M.S. in Nutrition and Health Promotion at the end of their first semester junior year (deadline: February 15). Application to this program is directed to the College of Natural, Behavioral, and Health Sciences. Both the application fee and the GRE requirement will be waived.
- Students complete this accelerated BS/MS program in five years and receive a Bachelor of Science degree with a major in Nutrition & Dietetics and a Master of Science degree in Nutrition and Health Promotion. Graduates find success as researchers, community health workers, health program managers, personal trainers, public health planners and more.
- Working with an advisor, two graduate courses, CNHBS 410 Research Methods and CNHBS 450 Health Care Systems: Interdisciplinary Perspectives, are taken in the senior undergraduate year.

Core Requirements

Majors will complete a core of the following courses.

Course #	Course Title	Credits	Completed
First Year			
NUTR 111 or NUTR 112	Fundamentals of Nutrition or Introduction to Nutrition Science	4	
CHEM 111/ 113/ 115	Introductory Chemistry: Inorganic or Principles of Chemistry or Advanced General Chemistry	4	
CHEM 112 or CHEM 114	Introductory Chemistry: Organic or Organic Chemistry I	4	
Sophomore Year			
BIOL 113	General Biology	4	
BIOL 221	Microbiology	4	
NUTR 248	Food Production and Service Systems	4	
STAT 118 (or STAT 227 or 229)	Introductory Statistics (prereq for BIOL 246)	4	
NUTR 237	The Practice of Community Nutrition	4	
Junior Year			
BIOL 231	Anatomy and Physiology I	4	
BIOL 232	Anatomy and Physiology II	4	
NUTR 201	Advanced Food Science	4	
NUTR 249	Leadership in Food Service Management	4	
CHEM 223	Introduction to Biochemistry	4	
Apply for the MS program by February 15			
Senior Year			
NUTR 311	Nutrient Metabolism	4	
NUTR 301	Dietetics Professions	1	
NUTR 334	Medical Nutrition Therapy	6	

NUTR 331	The Practice of Clinical Dietetics	4	
SNHS 410*	Research Methods	3	
SNHS 450*	Health Care Systems: Interdisciplinary Perspectives	3	

Capstone (Senior Year)

Complete the following to fulfill the capstone requirement.

Course #	Course Title	Credits	Completed
NUTR 381	Advanced Application in Community Nutrition	4	
NUTR 390	Seminar: Selected Topics in Nutrition	4	

*Either or both SNHS 450 or SNHS 410 would be taken during the senior year. Students need 127 unique credits to graduate with an undergraduate degree. This allows them to substitute one 3-credit course for the usual 4 credit offerings at Simmons. Since both of the graduate courses are 3 credits, then the student would have to take one of these as a fifth course, if they didn't already have an extra course prior to the senior year.

PLAN Requirements

The Simmons PLAN is the undergraduate core curriculum. Some PLAN courses will be fulfilled with courses required for this major, as indicated below. Additional PLAN requirements may be fulfilled through electives, courses in minors or other course offerings. Work closely with your advisor(s) to choose courses.

Year	Semester	Course Title	Credits	Completed	
One	Fall	BOS 101: The Boston Course	4		
		SIM 101: The Simmons Course: Explore	2		
	Spring	LDR 101: The Leadership Course	4		
Two	Fall or Spring	The Learning Community: Two discipline courses & one integrative seminar	8		
		SIM 201: The Simmons Course: Experience	1		
Three	Fall or Spring	SIM 301: The Simmons Course: Excel	1		
Three & Four	Fall or Spring	3D*– Design Across Diverse Disciplines	12		
Any	Requirements		Course Selected		
	Language: Two semesters in the same language, taken sequentially and strongly encouraged to complete within their first two years.			4	
				4	
	Quantitative Literacy (QL)		STAT 118 or higher	4	
	Key Content Areas** (KCAs)	Aesthetic, Literary and Artistic (ALA)			4
		Global Cultural (GC)			4
Scientific Inquiry (SCI)		BIOL 113	4		
Social and Historical (SH)			4		

*3D– Design Across Diverse Disciplines– requirement may be met with one course in your major, and two additional courses that may also count as KCAs.

**KCAs – May be covered by Major, Learning Community and/or 3D courses.

Department Contact

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