# Vaping Public Health Emergency

# What do we know?

#### Cases

There are currently 1,479 cases across the US, including 33 deaths. The Governor of MA declared a public health emergency and issued a ban on the sale of vape products.

### Causes

The exact cause has not yet been identified. What we know is that all patients have reported a history of vaping, with the majority using THC-containing products.

# **Symptoms**

Symptoms include cough, shortness of breath, chest pain, nausea, vomiting, abdominal pain, diarrhea, fatigue, fever, and weight loss.

#### Recommendations

CDC currently recommends that people refrain from using both THC and nicotine containing vape products.

# Seeking Help

If you have a history of vaping and develop symptoms like those listed above, contact the Simmons Health Center or your medical provider.

#### For More Information

CDC and MA Department of Health are monitoring the situation and providing ongoing updates.

Learn more about vaping-related illnesses.

Learn more about Massachusetts' ban on vaping products.

For help quitting, visit makesmokinghistory.org or quit.com, or visit Simmons Health Services.

