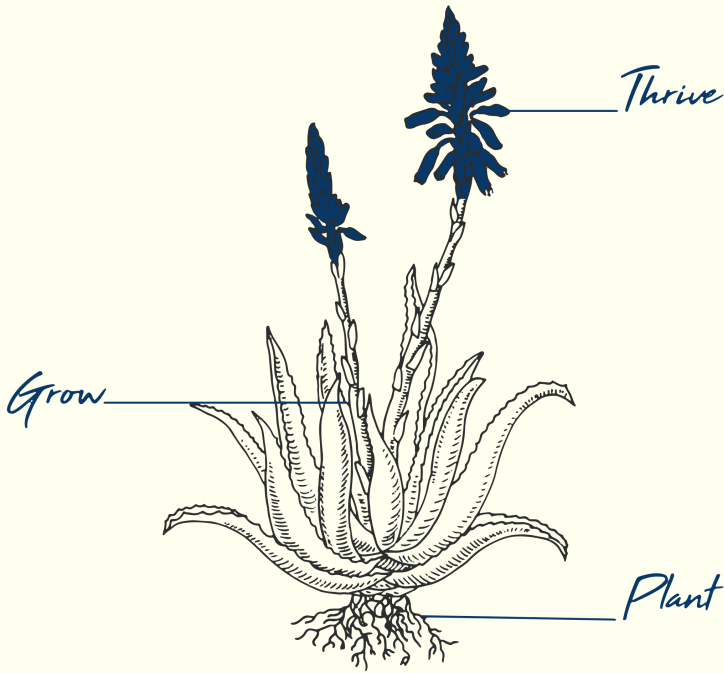


# A Fresh Start

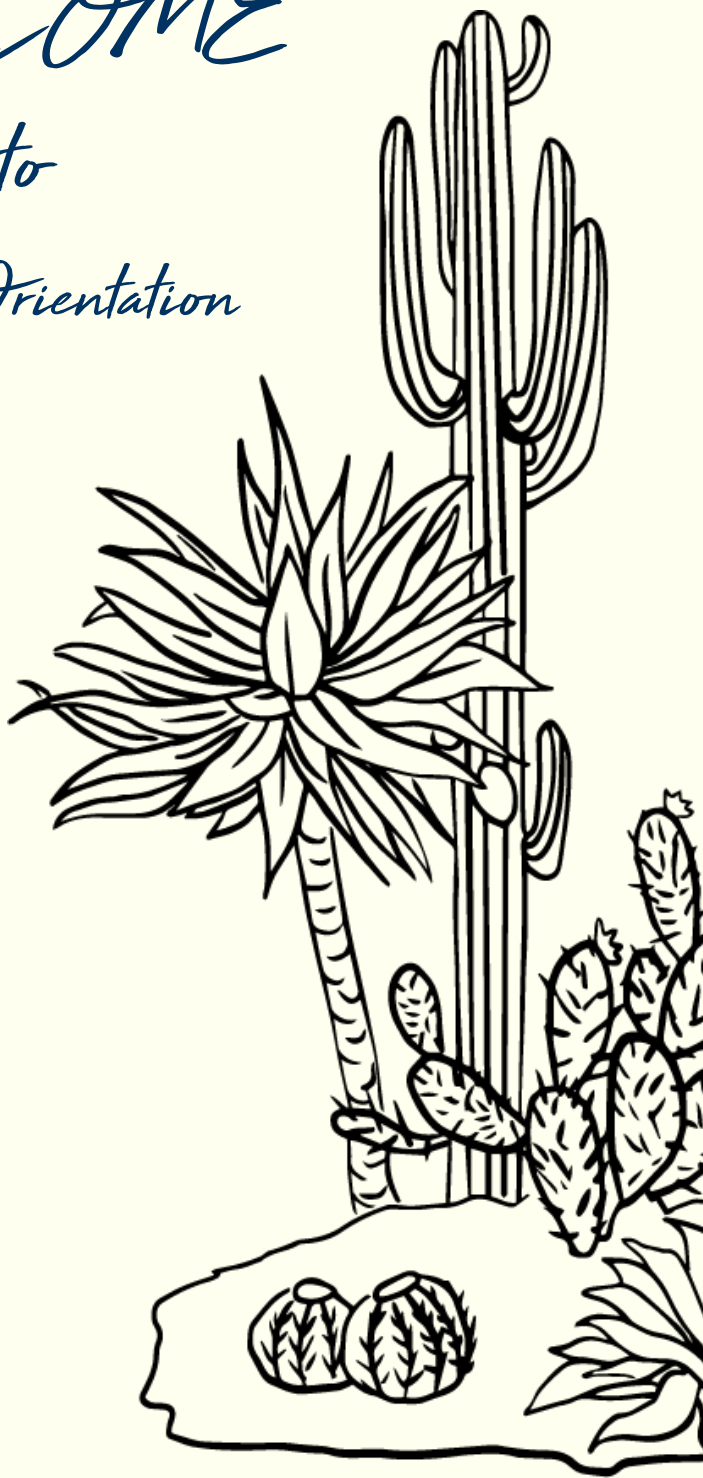


**SIMMONS**  
Fall Orientation 2019

# WELCOME

to

## Fall Orientation



This year's Orientation theme is *A Fresh Start* and we encourage you to embrace this theme throughout your college career at Simmons.

Take advantage of all that Simmons has to offer by trying a new class, meeting new people, exploring Boston, and allowing yourself to try something completely new. At the same time, make Simmons your home and let your unique personality shine through.

Fall Orientation is your opportunity to create memorable moments that you will experience at Simmons. Over the next few days, you will begin to set out on this journey with your classmates, the Class of 2023.

We hope you have a great time and Go Sharks!

-Office of Student Leadership & Activities



# Plant

## Friday, August 30th

**9:00 am - 12:00 pm** **Orientation Check-In & Hall Move-In, Alumnae Hall, Residential Campus**

Welcome to your new home! Following your resident student check-in, you will receive your Orientation materials in Alumnae Hall after you will be directed to your residence hall to begin your move-in process.

**9:00 am - 12:00 pm** **The Center for Student Success Open House, Ground Floor, Lefavour Hall**

The Office of Undergraduate Advising, the Writing Center and Tutoring Center, the Center for Global Education, the Office of Accessibility Services, and the Career Education Center. These five offices work individually and collaboratively to assist students as they strive to be successful academically, professionally, and personally. Students can come to the center to ask questions ranging from changing their major, studying abroad, or finding an internship, to requesting accommodations for testing or meeting with a writing tutor.

**11:00 am - 12:30 pm** **Commuter Student Check-In, Main College Building**

Welcome to the Simmons Community! Check in to get your schedule for the next few days leading up to the start of classes and then join all of your classmates for the rest of the day's activities.

- 1:00 pm** - **University Welcome & Outdoor Lunch, Academic Campus Quad**  
**\*Lunch**  
**1:30 pm** - The Simmons Community will gather to welcome new students and their families for the start of their time at Simmons. Join Provost & Senior Vice President Katie Conboy, Director of Undergraduate Admission Kate Innes, Assistant Dean of First-Years Alicia LaPolla and Student Government Association President Lex Cruz '20 will all share remarks to welcome you. Everyone is invited to enjoy lunch immediately following the welcome.
- 2:30 pm** - **Orientation Group Meeting, See Personalized Sheet For Your Location**  
**3:30 pm** - Reconnect with your fellow group members from Summer Orientation or meet your new fellow orientees as you start your first day at Simmons. Your Orientation Leader will review the complete Orientation schedule and provide time for you to ask questions. Bring the Orientation folder you received at check-in with you.
- 4:00 pm** - **Commuter Student Orientation, Faculty and Staff Dining Room, Main College Building**  
**5:00 pm** - This provides you with the opportunity to meet other commuter students and learn more about valuable resources available for commuter students. Following this orientation, join other commuter students for dinner in Bartol Hall. The cost of commuter student meals is covered during orientation. We encourage you to use these meals as opportunities to meet other students.  
**This session is mandatory for all commuter students.**
- 4:00 pm** - **Resident Student Floor Meeting, See Personalized Sheet For Your Location**  
**5:00 pm** - Welcome to your new home away from home! Meet your Resident Advisor (RA), floor-mates, and potential new friends. Get the inside scoop on residential living and help build the community you have learned so much about during your visits to Simmons.  
**This session is mandatory for all resident students.**

**5:00 pm Dinner, Bartol Hall, Residence Campus**

**7:00 pm** Enjoy Dinner and getting to know your Resident Advisor (RA) and floor-mates! You do not need to swipe in today however the rest of the year you are required to swipe in during meal periods.

**7:00 pm Candle Lighting, Smith Hall Entrance, Residence Campus**

**8:00 pm** Join us for this Simmons tradition! Light a candle to commemorate your first night as a Simmons student and hear from current Simmons students and the President of the Simmons University Alumnae Association. The evening before you graduate, you will gather once again for a Candlelighting Ceremony to commemorate your last evening as a Simmons student.

**This session is mandatory for all students.**

**8:00 pm Outdoor Movie & Food Trucks, Residence Quad, Residence Campus**

**10:00 pm** Bring your roommate and friends to the see "Spiderman: Into The Spider-Verse" on the BIG Screen! We will have a variety of food trucks including "Cookie Monstah." Come snack on some of Boston's best!

# Grow

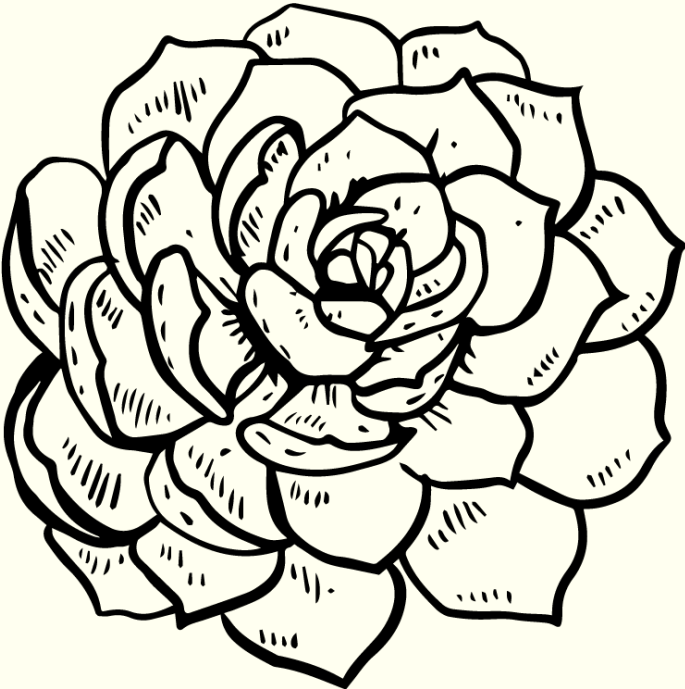
## Saturday, August 31st

**8:00 am** **Fit at Simmons, Holmes Sport Center Studio, Residence Campus**

**9:00 am** Join Fit@Simmons instructors for a fun morning workout. Fit is offers over a variety of 20 classes throughout the week during the academic year. Wear comfortable workout attire. See page 16 for class details.

**7:00 am** **Breakfast, Bartol Hall, Residence Hall**

**8:45 am** Start off the day right with breakfast at the beginning of your day.



**9:00 am**     **The Piece Project, Holmes Sport Center Gym, Residence Campus**

**11:00 am**     The Piece Project creates an opportunity for students to reflect on the values and contributions they can have in their new community. Today will be an engaging, fun, and unforgettable experience that creates connections among one another from your very first step of the collegiate journey. Through a series of meaningful conversations and interactive exercises, you will leave excited about where you are, who you're with, and empowered to contribute to your new community.

**11:30 am**     **Lunch & CIRP Survey, Bartol Hall, Residence Campus**

**1:45 pm**     Sit with some friends that you've made so far or chat with someone new! The CIRP Freshman Survey will be administered to all first-years to understand best how we can support students and aide in your growth during your time at Simmons University.

**This session is mandatory for all first-year students.**

**2:00 pm**     **First-Year Appreciation of Culture Experiences at Simmons (F.A.C.E.S), Holmes Sport Center Gym, Residence Campus**

**5:00 pm**     This program demonstrates the importance of cultivating a greater understanding of and appreciation for diversity and inclusion in the Simmons community. F.A.C.E.S. will help prepare you to live, learn, and work in a pluralistic society and encourage you to take advantage of the many opportunities presented during your time at Simmons.

**This session is mandatory for all first-year students.**

**5:00 pm**     **Dinner, Bartol Hall, Residence Hall**

**8:00 pm**

**5:00 pm**     **POC Community Dinner, SOM 501/502, Academic Campus**

**7:00 pm**     The People of Color (POC) community dinner provides incoming students of color with the opportunity to connect with current students, faculty, and staff of color and affinity-based student organizations over dinner!



**6:00 pm** **Triples Ice Cream Social, Simmons Hall Lounge, Residence Campus**

**7:00 pm** If you live in Simmons, Mesick or Morse and share a room with two other people, then this social is for you! Please join the Office of Residence Life for a night of your favorite ice cream, get to know your roommates' and receive answers to any questions you may have about living in a triple.

**6:00 pm** **Open Study Hall, Mesick Classroom, Residence Campus**

**8:00 pm** Come to Mesick Hall for some quiet time to finish your summer reading or get started on some homework before the start of the semester. One of the SAMs (Simmons Academic Mentor) will be there if you have any questions or would like some advice.

**7:00 pm** **Late Night Activity: BINGO, Holmes Sport Center Gym, Residence Campus**

**10:00 pm** B3, G7! BINGO! Play bingo for a chance to win fun prizes. From shark gear to essentials for your new room, you can win it all! Get prepared for one of the largest bingos you have ever played.





# Sunday, September 1st

- 7:00 am**    **Breakfast, Bartol Hall, Residence Campus**
- 9:00 am**    Start off the day right with breakfast at the beginning of your day. Don't forget your card and keys to get back into your building and room.
- 8:00 am**    **Fit at Simmons, Holmes Sport Center Studio, Residence Campus**
- 9:00 am**    Join Fit@Simmons instructors for a fun morning workout. Fit is offers over a variety of 20 classes throughout the week during the academic year. Look on page 15 for specific classes.

**Concurrent Sessions:** At Simmons, these sessions are mandatory to ensure you receive information to be successful here. Please look at your personalized sheet to see which session you are attending during each time period. (\*) signifies concurrent sessions

## Block 1

10:00 am

10:50 am

## Block 2

11:00 am

11:50 am

### **\*Understanding the Simmons University Honor/Conduct Code, Alumnae Hall, Residence Campus**

Welcome to Simmons! As members of the Simmons community, you are responsible for understanding and following the Honor Code while being respectful to those around you from living in the res halls, to the classroom and beyond! During this session we will highlight the Simmons Honor Code and Conduct Process, providing context for how to bring civility into your everyday lives at Simmons!

**\*Residential Living Roommate Contract Workshop, Holmes Sport Center Gym, Residence Campus**

Being a good roommate and enjoying where you live will depend on your ability to listen, communicate, and to compromise. As with any relationship, conflicts will arise, and it is how you handle those conflicts that will determine your success. This session will guide you through the roommate agreement, teach you the steps of roommate mediation, give tips on consensus and compromise, and share the roommate bill of rights. Students in single accommodations should also attend.

**\*Commuter Student Presentation, Simmons Hall Living Room, Residence Campus**

We will recap the resources available to you while at Simmons and take a short- commuter trip together to bond!

**12:00 pm**

**1:00 pm**

**Lunch, Bartol Hall, Residence Campus**

**12:00 pm**

**1:00 pm**

**Hillel Bagel Brunch, Quadside, Residence Campus**

Join Simmons Hillel for a Bagel Brunch to meet staff and student leaders and to learn more about ways to get involved with Jewish life on campus.

**1:00 pm**

**1:50 pm**

**Orientation Group Meeting, See Personalized Sheet For Your Location**

Please review your personalized sheet for the specific locations. Your Orientation Leader may choose another location based on weather. Join your Orientation group to check in to see how the past few days have been, get answers to questions you still have, and share what you are excited about.

**Concurrent Sessions:** At Simmons, these sessions are mandatory to ensure you receive information to be successful here. Please look at your personalized sheet to see which session you are attending during each time period. (\*) signifies concurrent sessions

**Block 1**

**2:00 pm**

**2:50 pm**

**Block 2**

**3:00 pm**

**3:50 pm**

**Please note: These sessions are required in order to promote the safety and well-being of our students. This content was developed using a positive developmental framework and was designed to be as approachable for students as possible. However, we understand that the topics can be difficult or triggering for some. If you are concerned about participating in a session, please reach out to your Orientation Leader.**

**\*Consent Workshop, Alumnae Hall, Residence Hall**

This session will empower you to define your boundaries around intimacy, and help you to build your sexual consent tool kit! You will learn refusal skills, tips for effective communication around your boundaries and limits, how to ask for consent and ensure that everyone is comfortable, and much more! (Note: This session is designed to be fun and light, and is created for all students, whether or not they are engaging in sex).

**\*Alcohol and Substance Reduction, Holmes Sport Center Gym, Residence Hall**

This session will build on the online AlcoholEdu module to discuss the realities of drinking and college life at Simmons, including its impact on well being and academic success. It will feature a panel of wellness peer educators who will share their perspectives on alcohol use and social life as Simmons students.

5:00 pm  
8:00 pm

**Dinner, Bartol Hall, Residence Hall**

5:00 pm  
7:00 pm

**LGBTQIA + Community Dinner, SOM 501/502, Academic Campus**

The LGBT community dinner provides incoming LGBT students with the opportunity to connect with current LGBT students, faculty, and staff and affinity-based student organizations over dinner!

6:00 pm  
8:00 pm

**Open Study Hall, Mesick Classroom, Residence Campus**

Come to Mesick Hall for some quiet time to finish your summer reading or get started on some homework before the start of the semester. One of the SAMs (Simmons Academic Mentor) will be there if you have any questions or would like some advice.

7:00 pm  
10:00 pm

**Late Night Activity: Last Meeting Shopping**

Did you forget something for your dorm or the first day of class? Not to worry, join your fellow peers, and OL on an excursion to various shopping places in the Fenway area. It's not only a great time to pick up those last-minute things but also get to know the Fenway community a little bit better.

# Thrive

## Monday, September 2nd

7:00 am **Breakfast, Bartol Hall, Residence Campus**

9:00 am Start off the day right with breakfast at the beginning of your day. Don't forget your card and keys to get back into your building and room.

9:00 am **Organizational Culture, Inclusion & Equity Office (OCIE)**  
9:50 am **Presentation, Holmes Sports Center**

As a member of the Simmons Community, we each share the responsibility of making Simmons as inclusive as possible. The Organizational Culture, Inclusion & Equity Office (OCIE) is dedicated to upholding Simmons' commitment to providing a transformative and supportive learning environment. We recognize that a robust intellectual community for all requires moving beyond notions of representation and toward authentic engagement, thoughtful participation, and inclusive membership. Our long-term vision for Simmons is to become the most inclusive and welcoming academic community in New England. Thus, we seek to facilitate fundamental cultural and institutional changes necessary to establish and maintain a fully inclusive campus and to promote ongoing, meaningful, and engaged diversity. Students have a particular role in achieving inclusion and equity. In this session, you will hear about our past, our progress, and the road ahead as chart our course towards inclusive excellence. We will talk about the ways that you can personally demonstrate the tremendous educational and cultural benefits that equity and inclusion initiatives serve for the Simmons community, the U.S., and the world.

**Concurrent Sessions:** At Simmons, these sessions are mandatory to ensure you receive information to be successful here. Please look at your personalized sheet to see which session you are attending during each time period. (\*) signifies concurrent sessions

Block 1	Block 2
10:00 am	11:00 am
10:50 am	11:50 am

**\*Title IX Presentation, Alumnae Hall, Residence Campus**

This session will help familiarize you with the Simmons Gender-Based Misconduct Policy, which is how we comply with Title IX, the federal civil rights law. You will learn the type of conduct that is prohibited under our Policy, options you have to report misconduct, and the on and off-campus resources are available to ensure you have the support necessary to be successful during your time at Simmons.

**\*Safety in the City, Holmes Sport Center Gym, Residence Hall**

Boston is your backyard, and along with that comes the responsibility of making sure that you are keeping yourself and your belongings safe. In this session, members of the Simmons College Police and Public Safety Department will go through several scenarios to get you thinking about safe choices and share helpful tips on handling and preventing these situations.

12:00 pm  
1:00 pm

**Orientaton Group Lunch, Bartol Hall, Residence Campus**

1:00 pm  
3:30 pm

**First-Year & Upperclass Scavenger Hunt, City of Boston**

Boston can feel like a big scary city, and our goal with this scavenger hunt is to help you gain knowledge on the resources available to you. You other students will be led by upper classman will explore the Fenway community, visit various stores, and get to know what is near you.

5:00 pm  
8:00 pm

**Dinner, Bartol Hall, Residence Hall**

5:00 pm  
7:00 pm

**First Generation Community Dinner, SOM 501/502, Academic Campus**

The dinner will be hosted by our first-generation faculty who are looking to connect with you and share some information about their upcoming mentoring program. The program provides support from a first-generation faculty member who understands the challenges and opportunities for first-generation college students. This will also be an excellent opportunity to connect with your peers, who might share some of the same experiences.

## Wednesday, September 4th

2:00 pm  
3:00 pm

**University Convocation, Tent, Academic Quad**

Members of the University will gather to welcome new students, faculty, and staff; celebrate the academic achievements of the new members of Academy, our undergraduate Honor Society; and, beginning a new tradition, celebrate faculty achievement.

The First-Year Class has the honor of processing into the ceremony wearing their class color to kick off the celebration. You will receive an email about lineup instructions.

Immediately following Convocation there will be a reception for students, families, faculty, and staff in Common Grounds.



# Important Times

## **Bookstore Hours**

### **Move-In Day**

#### **Friday**

8:30 a.m. - 6:00 p.m.

#### **Saturday**

9:00 a.m. - 5:00 p.m.

#### **Sunday**

9:00 a.m. - 5:00 p.m.

#### **Monday**

9:00 a.m. - 5:00 p.m.

## **Mailroom Hours**

### **Move-In Day**

#### **Friday**

9:00 a.m. - 7:00 p.m.

#### **Saturday**

11:00 a.m. - 5:00 p.m.

#### **Sunday**

12:00 p.m. - 5:00 p.m.

## **Campus Card Office**

### **Move-In Day**

#### **Friday**

8:00 a.m. - 4:00 p.m.

#### **Saturday**

9:00 a.m. - 2:00 p.m.

#### **Sunday**

10:00 a.m. - 3:00 p.m.

## **Technology Service Desk**

### **Move-In Day**

#### **Friday**

7:30 a.m. - 5:30 p.m.

#### **Saturday**

9:00 a.m. - 5:00 p.m.

#### **Sunday**

9:00 a.m. - 5:00 p.m.

#### **Monday**

9:00 a.m. - 5:00 p.m.

## **Office of Residence Life**

### **Move-In Day**

#### **Friday, New Student Move-In**

8:00 a.m. - 4:30 p.m.

#### **Saturday, Returner Move-In**

9:00 a.m. - 4:00 p.m.

#### **Sunday, Returner Move-In**

9:00 a.m. - 4:00 p.m.

#### **Monday, Returner Move-In**

9:00 a.m. - 4:00 p.m.

#### **Tuesday,**

#### **Returner Move-In/ First Day of Classes**

8:30 a.m. - 7:00 p.m.

## **Fens Dining Hours**

### **Move-In Day**

#### **Friday, August 30th**

11:00 a.m. - 2:00 p.m.

## **Bartol Dining Hall**

### **Move-In Day**

#### **Friday, August 30th**

B: 7:00 a.m. - 11:30 a.m.

L: 11:30 a.m. - 1:30 p.m.

D: 5:00 p.m. - 8:00 p.m.

## **Fit @ Simmons Courses**

8:00am-9:00am

### **Saturday, Aug 31**

Studio 1- Butts & Guts with Amanda Kasper

Studio 2- Yoga with Delaney Roberson

### **Sunday, Sept 1**

Studio 1- Butts & Guts with Amanda Kasper

Studio 2- Barre with Natalie Cunliff

# Dates to Note

Friday,  
Sept. 6

## College of the Fenway Block Party

This annual event provides an opportunity for all Colleges of the Fenway students to learn more about the consortium resources, win giveaways from vendors, and meet students from the other schools over food, music, and activities.  
**5:00 pm- 7:00 pm, Emmanuel College Quad**

\*Rain Date  
Sept.13

Saturday,  
Sept. 7

## College of the Fenway After Party

The fun does not stop at the Block Party, head over to the Wentworth Quad and grab some wireless headphones or bring your own to experience this unique event?  
**9:00 pm- Midnight, Wentworth Institute of Technology Quad \*ID Required**

\*Rain Date  
Sept. 14

Sept. 11

## Connections Carnival & BBQ

Learn about various student organizations and liaisons, learn about the variety of ways to get involved in service, whether you are looking for a service learning placement for a class requirement, or for a community service work-study job, and learn about other ways to get involved during your time at Simmons. You can also pick up packets to run for your 2023 Class Council. Brought to you by the Student Government Association, the Scott/Ross Center for Community Service, and the Office of Student Leadership and Activities.  
**3:30 pm- 5:00 pm, Holmes Sport Center Gymnasium, Residence Campus**

Oct. 25  
-  
Oct. 27

## Family & Friends Weekend, Simmons Campus

Mark your calendars now for our traditional Family & Friends Weekend. This is a great opportunity to show your family and friends around Boston and share with them your experiences at Simmons. Look for registration materials on our website [www.simmons.edu/ffw](http://www.simmons.edu/ffw).

# Acknowledgements

## Office of Student Leadership & Activities

Corey Zohlman, Assistant Dean of Student Engagement

Luci Delgado, Program Coordinator

## Orientation Captains

Erin Curley, Training Captain

Josephine Tran-Vong, Programs Captain

Mariana Garcia, Marketing Captain

Rhi Stevens, Logistics Captain

## Orientation Leaders

Alix Laughlin Nursing

Becca Schwartz Nursing

Catherine Bernard Communication/Journalism

Chloe Barber Elementary Education/Art History

Cori Szabados Social Work

Delaney Roberson Nursing

Evelina Ragutshteyn Biochemistry, Pre-Med

Giselle Burnley Business Management/ Communications

Grace Wilson Neuroscience/Music History

<b>Hannah Madden</b>	Political Science/International Relations
<b>Jessica Cobb</b>	Environmental Science
<b>Lamisa Jahan</b>	Data Science
<b>Lilly Sherburne</b>	3+1 Political Science/ Public Policy
<b>Livic Inoa</b>	Computer Science/ Philosophy
<b>Maddie Short</b>	History
<b>Mia McGillicuddy</b>	4+1 Elementary Education/ Psychology
<b>Mikayla Bates</b>	Social Work and Psychology
<b>Sumeya Ali</b>	Sociology/French
<b>Zenaida Rodrigues</b>	English
<b>Emma X. Lowestein</b>	Public Health
<b>Natasha Caquias</b>	Accounting
<b>Malena Rim</b>	Nursing
<b>Amy Thissell</b>	Social Work
<b>Ishraq Boutaleb</b>	Public Health

**Question?** Let us know! The Office of Student Leadership and Activities, the Orientation Leaders and Captains who coordinate Orientation are here to help you feel at home at Simmons. Don't hesitate to contact us at [orientation@simmons.edu](mailto:orientation@simmons.edu) or 617-521-2429.