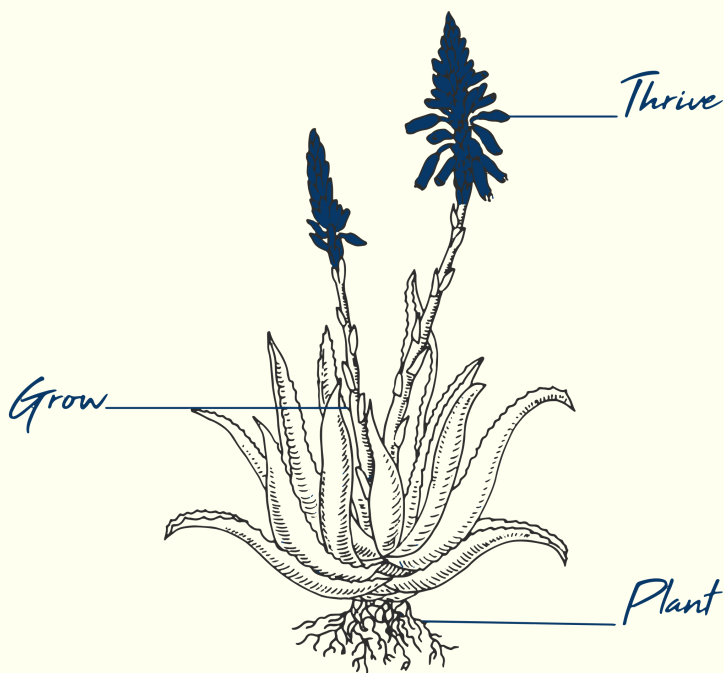


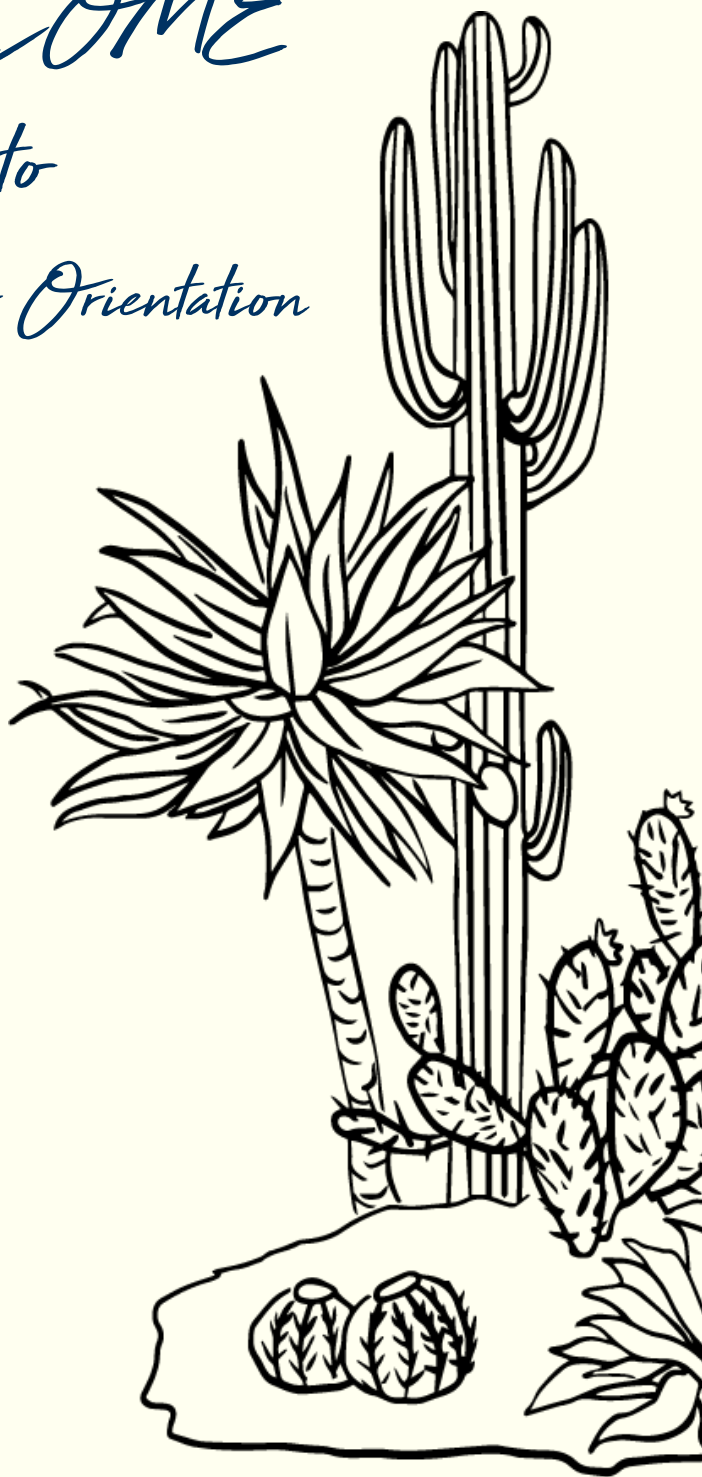
A Fresh Start



SIMMONS

Summer Orientation 2019

WELCOME
to
Summer Orientation

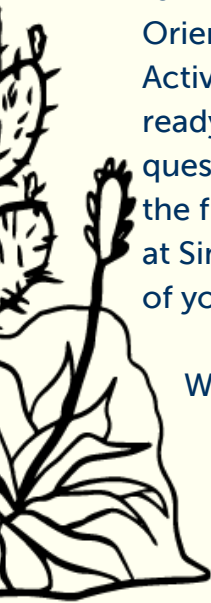


This year's Orientation theme is *A Fresh Start* and we encourage you to embrace this theme throughout your college career at Simmons. Take advantage of all that Simmons has to offer by trying a new class, meeting new people, exploring Boston, and allowing yourself to try something completely new. At the same time, make Simmons your home and let your own unique personality shine through.

Summer Orientation is your opportunity to create memorable moments at Simmons. Over the next two days, you will meet other new students, select courses for the fall from our general education curriculum, and learn about life at Simmons and Boston. You might even find that discovering the spirit of Simmons through our community might be one of your favorite college experiences.

We are so excited that you are here, and we look forward to your participation in all aspects of Orientation. The Office of Student Leadership and Activities, the Orientation Leaders and Captains, are ready to assist you, so please do not hesitate to ask questions if you need help. Orientation will be one of the first of many marvelous moments you'll have here at Simmons, and we are committed to making it one of your fondest ones.

We hope you have a great time and Go Sharks!



Plant

June 20 & 22

8:30 am **Orientation Check-In, Alumnae Hall, Residential Campus**
10:30 am Check-in and get all of your materials, including your class t-shirt, a folder of information and summer reading; you will need these materials while you are here for Orientation. You will also meet your Orientation Leader during this time. Get ready for a great two days!

Housing Check-In, Alumnae Hall, Residential Campus
The Summer Conferences Team will check you in for your overnight stay. Afterward, you can drop off your luggage in your room. Don't forget to lock your room after dropping off your items.

Residential Tours, Simmons Lobby, Residence Campus

As you move into your home for the evening, the Office of Residence Life is pleased to offer room tours of our traditional double and triples! Tour each space as you begin to envision your life here as a Shark! Tours will depart from Alumnae Hall.

9:30 am **Honors Program Welcome, Mesick Classroom, First Floor, Mesick Hall, Residence Campus**
10:30 am Incoming students in the Honors Program must attend this informational meeting where we will explain your first year in the Honors Program and help you to plan for your advising appointment.

Mandatory for all students in the Honors Program.

- 10:45 am** **University Welcome, Holmes Sports Center, Residence Campus**
- 11:00 am** Alicia LaPolla, Assistant Dean of First-year Programs & Corey Zohlman, Assistant Dean of Student Engagement will welcome you to Orientation and kick off your two-day experience here at Simmons. You will also meet the Orientation team who will be available to you over the next two days.
- 11:15 am** **Meeting with Your Orientation Leader, Individual Locations**
- 12:00 pm** Enjoy lunch with Alicia LaPolla, Assistant Dean of First-year Programs, and your Orientation Leader as you learn about the traditions that make Simmons so unique. From Convocation, Founder's Day, Family Weekend, Simmons Soirée and more; our campus celebrates legacy in fun and exciting ways!
- 12:15 pm** **Luncheon & Simmons Traditions, Bartol Hall, Residence Campus**
- 1:00 pm** Enjoy lunch with your Orientation Leader as you learn about the traditions that make Simmons so special. From Convocation, Founder's Day, Family Weekend, Simmons Soirée and more; our campus celebrates legacies in fun and exciting ways! Check out a few of the ways we celebrate our Simmons Pride.

Concurrent Sessions: These sessions are available to help you receive information that will allow you to be successful here. Please look at the provided options and pick a session that interests you. Most sessions run during all blocks so don't be worried about missing one! Do pay attention to mandatory sessions and sessions offered during only one block. (*signifies concurrent sessions)

***Block 1**

1:15 pm

2:00 pm

***Block 2**

2:15 pm

3:00 pm

***Block 3**

3:15 pm

4:00 pm

***Help Wanted: Student Employment, SOM 223, Second Floor, School of Management**

Find out about the resources and opportunities available for you to find jobs both on and off campus! Learn how easy it is to apply for jobs using Workday and essential information you need to know about Work-Study awards.

First Generation Meet & Greet, (Block 1 only), Kotzen Room, Ground Floor, Lefavour Hall

While you might be the first in your family to attend college, you are not alone. Join staff, orientation leaders, and other students who identify as first generation at this informal meet and greet. You will connect with others while learning about what to expect throughout your college experience.

Spiritual Life Meet & Greet, (Block 2 only), Kotzen Room, Ground Floor, Lefavour Hall

Interested in finding others who want to discuss Faith and Meaning? Stop by and meet our religious advisors who work with students from all religious backgrounds and non-religious perspectives. Learn about our Interfaith program and monthly field trips to different houses of worship.

***Transform Yourself: The Center for Global Education - Study Abroad Opportunities and Our International Student Community, SOM201, Second Floor, School of Management**

Transform your academic, personal, and professional goals through a study abroad experience for a semester, year, summer, or short-term faculty-led travel course. At Simmons, ALL majors can study abroad. Simmons grants and scholarships are now eligible to be used for approved study abroad programs, reflective of the university's commitment to accessibility and inclusion. Join us to hear about beginning your global education at Simmons!

***Welcome to the Neighborhood: Fenway Area Tour, Departs from the 1st Floor Lobby, Main College Building**

Simmons is fortunate to be in the Fenway area of Boston. Explore hidden gems in the Fenway area including the Rose Garden, the Museum of Fine Arts, the other Colleges of the Fenway, and some local area hot spots.

***Undergraduate Research and Fellowships, SOM 202, Second Floor, School of Management**

Undergraduate Research & Fellowships support students in accessing a wide array of scholarly opportunities. The office oversees research opportunities such as the Undergraduate Symposium. Additionally, the office assists students in applying for nationally competitive grants and fellowships such as the Fulbright, Truman & Rhodes scholarships.

Accessibility Services, SOM 104, (Block 1 & 3 only), First Floor, School of Management

Did you have an IEP or a 504 plan in high school? Are you considering requesting accommodations at the college level? Or maybe you are currently going through the process of receiving a diagnosis? At Simmons University, we are committed to the full participation of all students in our programs and activities. And we are here to support you! Now is the time to explore the Office of Accessibility Services. We will guide you to becoming a self-advocate, by helping you to identify your own needs and to set you up for success.

Roommate 101: Residence Life, (Block 2 & 3 only), SOM 105, First Floor, School of Management

Sharing a living space with someone you've never met before does not have to make you nervous. Come to this session to learn about how the Office of Residence Life assigns roommates, how to utilize your professional staff member and Resident Advisor, and ways build a relationship with your new roommate from day 1.

Athletics Meet and Greet, (Block 3 only), Kotzen Room, Ground Floor, Lefavour Hall

Ten NCAA Division III varsity intercollegiate teams form the core of the Simmons University Athletics program. All students are welcome - whether you are thinking about or already planning to play a sport at Simmons.

Mandatory for all student athletes.

-
- 4:10 pm** **Academic Panels, C103, First Floor, Main College Building & SOM 501 & 502, Fifth Floor, School of Management**
5:00 pm Simmons offers a variety of academic programs whether you have declared a major, are interested in researching a minor or are still deciding on a program. Join and meet faculty in each of these sessions to understand what majors are offered, how to get off to a good start in college, what a syllabus looks like, what types of assignments you will receive, and about research and internship opportunities available to you in your first year.
- 5:30 pm** **Barbecue on the Quad, Residence Quad, Residence Campus**
6:30 pm Join the Orientation Leaders for a BBQ on the quad before your outing. The dining hall will be serving some of their favorites including BBQ chicken, veggie burgers, corn bread, grilled corn and watermelon.
- 6:30 pm** **Explore Boston, Depart from Residence Quad**
8:30 pm Put on your walking shoes and your Orientation T-shirt, grab your phone, and join your Orientation Group to explore Boston. This is a great time to learn about what our great city has to offer year round.
- 9:30 pm** **Evening Social, Simmons Lounge, First Floor, Mesick Hall, & Quadside, Smith Hall, Residence Campus**
11:00 pm When you return from your outing, the fun does not end. Join your fellow students and Orientation Leaders for a night of games and fun, including creating your own succulent plants, tarot card reading of your future and snacks!

Grow

June 21 & 23

- 7:00 am** **Breakfast, Bartol Hall, Residence Campus**
8:30 am Start off the day right with breakfast at the beginning of your day. Don't forget your card and keys to get back into your building and room.
- 7:30 am** **Yoga with Fit@Simmons, Dance Studio, First Floor, Holmes Sport Center**
8:00 am Join Fit@Simmons instructors for a fun morning workout. Fit is offers over a variety of 20 classes throughout the week during the academic year.
- 7:00 am** **Residence Hall Checkout, Mesick & South Lobbies, Residence Campus**
8:30 am After breakfast, please make sure to check out of your residence hall by 8:30 a.m. and bring your luggage, key, and temporary ID. A member of the check-out team will be located in the hall lobby. Please leave the towels and washcloth we provided to you.
- 8:45 am** **Orientation Leader Group Meeting, Individual Location**
9:30 pm Join your Orientation Leader to prepare for the day and receive any additional information you need. It is a great time to ask any questions you have about yesterday or the upcoming schedule.
- 8:45 am** **Luggage Drop Off, C104, First Floor, Main College Building**
5:00 pm Drop off your luggage in the storage room until the end of the day.

Concurrent Sessions: These sessions are available to help you receive information that will allow you to be successful here. Please look at the provided options and pick a session that interests you. Most sessions run during both blocks so don't be worried about missing one! Do pay attention to mandatory sessions and sessions offered during only one block. (*signifies concurrent sessions)

***Block 1**

9:30 am

10:15 am

***Block 2**

10:30 am

11:15 am

ALANA Meet and Greet, (Block 1 only), Kotzen Room, Ground Floor, Lefavour Hall

The ALANA Meet and Greet provides incoming African American, Latinx, Asian, and Native American students with the opportunity to connect with current ALANA students, faculty, staff, and affinity-based student organizations. Learn about student initiatives, resources, and get honest answers to your questions.

***Home Away From Home: Residence Life, SOM 223, Second Floor, School of Management**

Living in a residence hall can be very different than you imagine. Listen to current upperclassmen explain the ins and outs of residence hall living.

***Get Out and Do Something: Simmons Community Engagement, SOM 104, First Floor, School of Management**

At Simmons, engaging with the broader Boston community is a university-wide commitment and an essential part of the student experience. Simmons Community Engagement is home to signature initiatives that bridge Simmons with local organizations and our Boston neighbors. Discover how you can serve as an academic mentor with youth while earning federal work-study, serve with Americorps through Jumpstart, apply your classroom learning through community-based learning courses, spend Spring Break volunteering, and much more.

***Getting Involved, SOM 201, Second Floor, School of Management**

What does it mean to be an involved Simmons student? Our panel will include getting interested in student organizations and liaisons, athletics, Colleges of the Fenway, and more. Learn about resources available to you and how you can participate in your Class of 2023 Class Council.

***Colleges of the Fenway, A Community of Opportunities, SOM 222, Second Floor, School of Management**

What does it mean to be part of the Colleges of the Fenway (COF)? What new opportunities, programs, and activities are available to you as a Simmons student? Join this session to hear all about the five institutions and things you can take advantage of at Emmanuel College, MassArt, MCPHS University, and Wentworth. With over 20,000 students, COF offers Performing Arts, Intramurals and Recreational Sports, major programs and events and unique academic opportunities through cross-registration! Don't miss your chance to learn more about the Block Party, After Party, Campus Movie Fest, Center for Sustainability, or The Fenway Card.

***Career Education Center, LEF 006, Ground Floor, Lefavour Hall**

Take the fear out of a career with this introduction to the Career Education Center (CEC) and the many resources available to first-year students. Learn why and how to schedule an appointment with a career coach, how to search for jobs and internships, and receive your 4-year checklist so you can make the most of your Simmons experience. The session concludes with a visit to the CEC and free swag!

***Introduction to Pre-Health at Simmons, LEF 007, Ground Floor, Lefavour Hall**

Are you considering a Pre-Med, Pre-Dental, Pre-Physician Assistant, or Pre-Veterinary track? Then you are Pre-Health! Pre-Health coursework is designed to provide students with strong preparation for admission to medical, dental, optometry, podiatry and physician assistant, and veterinary schools after Simmons. This session will give an overview of what it means to be a first-year Pre-Health student, and introduce you to some of the resources available to help you reach your goals.

LGBTQIA Meet and Greet, (Block 2 only), Kotzen Room, Ground Floor, Lefavour Hall

The LGBTQIA Meet and Greet provides lesbian, gay, bisexual, trans, queer, questioning, and allied students with the opportunity to connect with current LGBTQIA and allied students, faculty, and staff. Learn about student initiatives, collect resources, and get candid answers to your questions.

Science for Social Good at Simmons, (Block 2 only), LEF 008, Ground Floor, Lefavour Hall

Find out how you can link your passions for science and social good in any of the science majors here at Simmons. Get involved in research projects that link science with social good, such as using robotics in a Rwandan Girls' School, mining historical records on mass incarceration in the 1800's, discovering new antibiotics in the soil, using Green Chemistry to make toxin-free cosmetics, applying ultrasound for the treatment of birthmarks, designing a better biosensor to detect contaminated water samples and many more.

- 11:30 am** **First Year Read Introduction, Linda K Paresky, Third Floor, Main College Building**
- 12:45 pm** During lunch you will learn more about why you received the book "Make You're Home Among Strangers" at check in. This book is the required Summer read and will be discussed during one of your First-Year Experience classes in the Fall semester.
- 1:00 pm** **Simmons in a Nutshell, Linda K. Paresky, Third Floor, Main College Buidling**
- 1:45 pm** This presentation will introduce you to the many services and opportunities at Simmons. Members of the Simmons College administration will review a variety of resources that you will utilize during your time at Simmons; maybe in your first semester or you're entire college career. Panelists will include staff from the College of the Fenway, Public Safety, Dining Services, Health Center, Counseling Center, and Office of Accessibility Services.
- 2:00 pm** **Academic Advising & Course Selection, See personalized sheet for advising location**
- 4:00 pm** During this session, you will have the opportunity to meet PLAN Advisors as well as other students with similar academic interests. You will discuss general requirements, as well as requirements for your intended major(s), and ask any questions you have about your education at Simmons. By the end of the session, you will have chosen your preferred courses and other courses for the Fall 2019 semester. You will receive your final schedule over the summer.

Acknowledgements

Fall Orientation is for all first year and transfer students, whether you live on campus or not. Students are expected to attend the Orientation events on each day of Fall Orientation. Orientation begins with Move-in Day on August 30th and will continue through September 2nd. You do not need to register for Fall Orientation - all students are expected to attend.

Question? Let us know! The Office of Student Leadership and Activities, the Orientation Leaders and Captains who coordinate Orientation are here to help you feel at home at Simmons. Don't hesitate to contact us at orientation@simmons.edu or 617-521-2429.

Office of Student Leadership & Activities

Corey Zohlman, Assistant Dean of Student Engagement
Luci Delgado, Program Coordinator

Orientation Captains

Erin Curley,	Training Captain
Josephine Tran-Vong,	Programs Captain
Mariana Garcia,	Marketing Captain
Rhi Stevens,	Logistics Captain

Orientation Leaders



Alix Laughlin	Nursing
Becca Schwartz	Nursing
Catherine Bernard	Communication/Journalism
Chloe Barber	Elementary Education/Art History
Cori Szabados	Social Work
Delaney Roberson	Nursing
Evelina Ragutshteyn	Biochemistry, Pre-Med
Giselle Burnley	Business Management/ Communications
Grace Wilson	Neuroscience/Music History
Hannah Madden	Political Science/International Relations
Jessica Cobb	Environmental Science
Lamisa Jahan	Data Science
Lilly Sherburne	3+1 Political Science/ Public Policy
Livic Inao	Computer Science/ Philosophy
Maddie Short	History
Mia McGillicuddy	4+1 Elementary Education/ Psychology
Mikayla Bates	Social Work and Psychology
Sumeya Ali	Sociology/French
Zenaida Rodrigues	English

the 1990s, the number of people in the world who are under 15 years of age is expected to increase from 1.1 billion to 1.4 billion.

As the world's population grows, the demand for food and other resources will increase. This will put pressure on the environment and on the world's food supply.

One way to meet this demand is to increase the amount of food that is produced. This can be done by using more land for agriculture, or by using more intensive farming methods.

Another way to meet this demand is to reduce the amount of food that is wasted. This can be done by improving food storage and distribution systems, or by changing eating habits.

There are many ways to meet the world's growing demand for food and other resources. It is up to us to decide which way is best.

One of the most important things we can do is to make sure that we are using resources wisely. This means using less, reusing, and recycling.

By doing this, we can help to protect the environment and make sure that there is enough food and other resources for everyone.

It is our responsibility to make sure that we are doing our part. Let's all do what we can to make the world a better place for everyone.

There are many ways to make a difference. It is up to us to choose the way that works best for us.

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