

Sample Course Sequence
Nutrition and Health Promotion (MS) Wellness Concentration

Full-Time Schedule*

FALL

| | | |
|----------|--|----|
| NUTR 452 | Nutrition Practice: Program Planning, Implementation, and Evaluation.. | 3 |
| NUTR 455 | Nutrition, Fitness, and Wellness | 3 |
| NUTR 461 | Exercise Assessment and Prescription..... | 3 |
| NUTR 489 | Nutrition Proposal Development | 1 |
| SNHS 410 | Research Methods..... | 3 |
| SNHS 570 | Health Promotion: A Global Perspective..... | 2 |
| | Total credits | 15 |

SPRING

| | | |
|----------|--|----|
| SNHS 450 | The Health Care System: Interdisciplinary Perspectives | 3 |
| NUTR 460 | Nutritional Epidemiology | 3 |
| NUTR 490 | Nutrition Research Project..... | 4 |
| | Elective | 3 |
| | Total credits | 13 |

SUMMER

| | | |
|----------|---|----|
| NUTR 453 | Advanced Topics in Preventive Nutrition | 3 |
| | Total credits for M.S. program | 31 |

**These schedules are for illustrative purposes only and are subject to change without notice.*

**Sample Course Sequence
Nutrition and Health Promotion (MS) Wellness Concentration**

Part-Time Schedule*

YEAR 1

FALL

| | | |
|----------|---|---|
| SNHS 570 | Health Promotion: A Global Perspective..... | 2 |
| NUTR 455 | Nutrition, Fitness, and Wellness | 3 |
| | Total credits | 5 |

SPRING

| | | |
|----------|--|---|
| SNHS 450 | The Health Care System: Interdisciplinary Perspectives | 3 |
| | Elective | 3 |
| | Total credits | 6 |

YEAR 2

FALL

| | | |
|----------|---|---|
| NUTR 452 | Nutrition Practice: Program Planning, Implementation, and Evaluation | 3 |
| SNHS 410 | Research Methods..... | 3 |
| | Total credits | 6 |

SPRING

| | | |
|----------|--------------------------------|---|
| NUTR 460 | Nutritional Epidemiology | 3 |
| | Total credits | 3 |

SUMMER

| | | |
|----------|---|---|
| NUTR 453 | Advanced Topics in Preventive Nutrition | 3 |
| | Total credits | 3 |

YEAR 3

FALL

| | | |
|----------|---|---|
| NUTR 461 | Exercise Assessment and Prescription..... | 3 |
| NUTR 489 | Nutrition Proposal Development | 1 |
| | Total credits | 4 |

SPRING

| | | |
|----------|-------------------------------------|----|
| NUTR 490 | Nutrition Research Project..... | 4 |
| | Total credits for M.S program. | 31 |

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