

Program Features

- The Graduate Program in Nutrition and Health Promotion provides a challenging, flexible curriculum that prepares its graduates for leadership roles in nutrition and wellness.
- The program offers an exciting opportunity to learn in a unique interdisciplinary environment where small group experiences and mentoring are the norm.
- The program provides a supportive educational environment with small classes and a collegial relationship with nationally-known faculty.
- This eleven-course master's degree can be completed by a full-time student in one academic year, including a summer semester if all prerequisites have been completed. If prerequisites have not been fulfilled and they are completed at Simmons or approved for completion elsewhere, the program can be completed in approximately three or four years, depending on full or part-time enrollment.
- Students enrolled in any of the nutrition options can simultaneously apply for and enroll in courses in any of the other programs if they meet admission requirements. This would extend the time necessary to complete all the programs.
- The Simmons program provides the opportunity to complete the academic requirements for obtaining the credentials to become a registered dietitian (the undergraduate Didactic Program in Dietetics) and obtain a Master of Science Degree in Nutrition and Health Promotion and/or Certificate in Sports Nutrition. This option requires the completion of additional undergraduate courses.
- Simmons offers a special opportunity for Tufts students who wish to complete the Didactic Program in Dietetics and to Brigham and Women's and Beth Israel Deaconess Dietetic Interns interested in applying to the M.S. program. Please contact the Nutrition Program office at 617.521.2711 for more information about the Tufts partnership option. Call the Office of Admission for more information if you are a Dietetic Intern at Brigham and Women's or Beth Israel.
- While an undergraduate degree in nutrition is not a requirement for admission, there are specific science and nutrition course prerequisites. See the Admissions Requirements section for more details.
- All graduate nutrition classes are offered in the evening or on weekends.

Program Career Opportunities

The Master of Science in Nutrition and Health Promotion prepares professionals for a variety of career opportunities in health care, business, and government. For students already in the health professions, this degree allows an expansion of their existing practices to include health promotion program planning, implementation, and evaluation. Graduates are qualified to work in the health promotion departments of managed care plans, corporate wellness programs, fitness centers, food service companies, school systems, and for-profit organizations concerned with nutrition and health. Graduates bring a health promotion orientation to the delivery of nutrition services in hospital ambulatory care centers, neighborhood health centers, private practices, and community-based programs.