

Graduate Program in Nutrition and Health Promotion Curriculum

Required Courses (25 credits)

NTR 452	Nutrition Practice: Program Planning, Implementation, and Evaluation	3
NTR 455	Nutrition, Fitness, and Wellness	3
NTR 460	Nutritional Epidemiology.	3
NTR 461	Exercise Assessment and Prescriptions	3
NTR 489	Nutrition Proposal Development.	1
NTR 490	Nutrition Research Project	4
SHS 410	Research Methods	3
SHS 450	The Health Care System: Interdisciplinary Perspectives	3
SHS 570	Health Promotion: A Global Perspective	2
TOTAL CREDITS		25

Examples of Elective Courses (6-8 credits)*

NTR 453	Nutrition through the Lifecycle.	3
NTR 462	Sports Nutrition Practice	3
NTR 480	Nutrition Fieldwork.	4
SHS 415	Sports Psychology	3
SHS 426	The Mind/Body Connection.	3
SHS 427	Advanced Interpersonal and Counseling Skills	3
SHS 597	Treatment and Prevention of Eating Disorders	3
COM 453	Strategic Market Planning	4
COM 481	Managing Change Through Communications	4
COM 485	Communicating Across Cultures.	4
COM 486	Cultural Diversity in the Workplace	4
EDU 415	Fair and Effective Classrooms	4
EDU 440	Educational Telecommunications and Technologies	4
LIS 468	Communications Media and the Information Professions	4
LIS 431	The Design, Production, and Presentation of Instructional Materials	4
LIS 475	Organizational/Information Ethics	2-4
TOTAL CREDITS		6

* In addition to the courses listed above, students will be able to take selected courses in the Graduate Program in Health Care Administration.

Students may also choose from a series of one-credit modules designed by the School for Health Studies to meet the needs of students for innovative and timely responses to the rapidly changing health care environment.

Sample Curriculum for a Full-Time Student (who has met all the prerequisites)

Fall Semester

NTR 452	Nutrition Practice: Program Planning, Implementation, and Evaluation	3
NTR 455	Nutrition, Fitness, and Wellness	3
NTR 461	Exercise Assessment and Prescription	3
NTR 489	Nutrition Proposal Development	1
SHS 410	Research Methods	3
SHS 570	Health Promotion: A Global Perspective	2

TOTAL CREDITS 15

Spring Semester

SHS 450	The Health Care System: Interdisciplinary Perspectives	3
NTR 460	Nutritional Epidemiology	3
NTR 490	Nutrition Research Project	4
TBN	Elective	3

TOTAL CREDITS 13

Summer Semester

TBN	Elective	3
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TOTAL CREDITS 31
