

## Nutrition Faculty and Staff

**Teresa T. Fung, S.D., R.D.,**

**Assistant Professor of Nutrition**

*B.S. and M.S., Cornell University, S.D. Harvard University School of Public Health*

Dr. Fung's recently completed doctoral dissertation investigated the dietary factors and risk of basal and squamous cell carcinoma of the skin in men and women. Her research interests are in the fields of nutrition epidemiology, especially the link between dietary patterns and chronic disease development. Dr. Fung completed her dietetic internship at the Yale-New Haven Hospital where she worked as a clinical nutrition specialist in many specialties, from pediatrics to geriatrics. She also served as the clinical nutrition research coordinator designing research diets for a variety of metabolic research studies. Dr. Fung served as a nutrition consultant to the Harvard University Dining Halls providing individualized nutrition counseling to students.

**Nancie Harvey Herbold, Ed.D., R.D.,**

**Program Director and Ruby Winslow Linn Professor of Nutrition**

*B.S., University of Rhode Island; M.S. and Ed.D., Boston University*

Dr. Herbold recently completed a study on traditional and non-traditional supplement use by adolescents. Other research interests include complementary therapies and weight management issues. Dr. Herbold is studying the nutritional habits and health behaviors of Simmons students, Class of 2001. Her recent article. Dr. Herbold has worked as a consultant for corporate wellness programs, home health agencies, and individuals wanting to improve their nutritional well-being. She is a past-president of the Massachusetts Dietetic Association. Dr. Herbold recently completed a fellowship in adolescent nutrition at Children's Hospital, Boston.

**Elizabeth Metallinos-Katsaras, Ph.D., R.D.,**

**Assistant Professor of Nutrition**

*B.S., M.S., Ph.D., all at the University of California/Davis*

Dr. Metallinos-Katsaras' graduate work focused on the study of the effects of undernutrition on behavior and growth in children. In her doctoral work, she studied the effects of iron deficiency anemia on cognitive development and growth in preschool aged children. Her research interests have continued to be in the area of maternal and child health, with an emphasis on public health nutrition issues and nutrition surveillance. She has collaborated with the Massachusetts Department of Public Health and the Centers for Disease Control to develop measures to identify groups of children who are at risk for being inactive and to assess the degree of food insecurity among nutritionally at risk families. Studies also include a validation of physical activity survey instrument, and an evaluation of a school-based physical activity and nutrition education program.

**Sari Edelstein, Ph.D., R.D.,**

**Assistant Professor of Nutrition**

*B.S., Florida State University; M.S., Florida International University and Ph.D., University of Florida*

Dr. Edelstein's doctorate dissertation research included ethics education in dietetic preparatory programs. She has previously been in private practice and has served as a hospital Food Service Director and Chief Dietitian. Additionally, Dr. Edelstein is a past president of the Miami Dietetic Association and has served in several other leadership positions in Florida. She has also written some recent articles on the study of Ketogenic diets.

**Karlyn Grimes, M.S., R.D.,**

**Dietetic Internship Coordinator**

*B.A., Colgate University; M.S. and M.S., Boston University*

Ms. Grimes' graduate degrees from Boston University are in Nutrition, and Exercise Physiology. Her major field of interest is sports nutrition. She conducts nutrition workshops, is a freelance writer and maintains a private practice.

**Janet Washington, M.P.H., R.D.,**

**Sports Nutrition Certificate Coordinator**

*B.S., University of Minnesota and M.P.H., Boston University*

Ms. Washington combines over twenty years of clinical experience with more than six years of teaching at the undergraduate level. Her research interests are in the area of maternal and child health, pediatrics, diabetes and

obesity. Ms. Washington has worked as a consultant to corporate wellness programs, museums, elementary and middle schools. She also works at Children's Hospital in Boston as part of a research team studying the glycemic index diet and weight loss among children.

**Patricia Santoro**

*A.S., Bay State College*

Ms. Santoro is the full time staff assistant for the Nutrition department. She is responsible for managing the administrative needs for the department.