

Admission

Admission Options for MS Programs

- Simmons undergraduates with an overall GPA of 3.0 or higher may apply for the masters program at the end of their junior year. If accepted, students can take two graduate courses in their senior year. If their schedule allows, these courses can be taken in the fall and spring semester. Additionally, Simmons undergraduate students who apply and are accepted to the masters program take the last six credit hours of their program tuition-free.
- Undergraduate degree candidates at other academic institutions may apply during their final year of study.
- Applicants who already possess an under-graduate degree may apply at any time.

Admission Requirements for MS Programs

- Simmons undergraduate/Dix applicants must complete an undergraduate degree before matriculation into the graduate program.
- Other applicants must hold an undergraduate degree from an accredited college or university.
- The following prerequisite courses, which may be taken at any accredited college or university, are required:
 - Inorganic Chemistry (at Simmons, CHM 111 or CHM 113)
 - Organic Chemistry (at Simmons, CHM 112 or CHM 114)
 - Anatomy and Physiology I and II (at Simmons, BIO 231 and BIO 232)
 - Fundamentals of Nutrition (at Simmons, NTR 111 or NTR 112)
 - Introduction to Community Nutrition (at Simmons, NTR 237)
 - Human Nutrition (at Simmons, NTR 311) *or* Nutritional Biochemistry at Simmons, CHM 223 which is highly recommended
 - Introductory Statistics at (Simmons, MTH 118)

An overall GPA of 3.0 or better is required in the prerequisite courses.

Students can be provisionally admitted pending successful completion of the prerequisite courses. Candidates admitted to this option must contact the office of student Financial Services directly concerning eligibility for financial aid.

Students cannot take graduate courses until prerequisites are completed. Additionally, international students must be enrolled full time (at least 9 credit hours).

All applicants, except Simmons undergraduates who should apply at the end of their junior, must submit official Graduate Record Exam (GRE) scores taken within the last five years. Copies of student score reports are not acceptable. The GSHS code is 3761. Further information can be obtained by directly contacting: GRE, Educational Testing Service, P.O. Box 6000, Princeton, New Jersey 08541-6000, or by telephone, 609-771-7670, or www.gre.org.

Applicants whose first language is not English, must submit official scores of the Test of English as a Foreign Language (TOEFL) taken within the past two years. The required minimum TOEFL score is 570 (paper test) or 230 (computer test). Copies of student score reports are not acceptable. The GSHS code is 3761. Further information can be obtained by directly contacting: TOEFL, Educational Testing Service, P.O. Box 6151, Princeton, New Jersey 08541-6151. Telephone: 215-750-8050.

Application Procedure for MS Program

Applicants are responsible for mailing the application packet in one unit (except academic transcripts) to the School for Health Studies. All documents submitted become the property of Simmons College and cannot be returned to the applicant. The packet includes:

1. A completed application form, including personal statement and check-off list;
2. Three letters of recommendation (in sealed, signed envelopes) from individuals able to comment on the stu-

- dent's academic ability, work experience, and leadership potential. At least two letters should be from a faculty member;
3. Official academic transcripts (sealed and signed) from all undergraduate and graduate academic institutions attended;
 4. A nonrefundable \$50 application fee, made payable to Simmons College.

In addition, the following should be sent directly to the School for Health Studies by the testing agencies:

1. The results of the Graduate Record Examination (GRE) taken within the past five years;
2. Students whose first language is not English must submit the Test of English as a Foreign Language (TOEFL) results, taken within the past two years. A minimum score of 570 (paper test) or 230 (computer test) is required. Student score reports are not acceptable.
3. Students who have studied abroad must submit academic documents translated into English. Additionally, the academic records may need to be evaluated by an outside agency, as specified by SHS.

Application Deadline for MS Program

Carefully review application deadline dates for programs in the School for Health Studies. Deadline dates differ. The application deadline for the MS and CSN programs for fall (September) entry is June 1 and for spring (January) entry, it is November 1. **It is imperative that students who have or are studying abroad apply at least six months prior to the start of the academic term in which they wish to enroll.** Please allow ample time for the pace of international postal systems, obtaining visa documents, arrival in the U.S. and transitioning to a new environment. **International students will not be allowed to enroll if they arrive after the official start of the term.**

Enrollment Deposit for MS Program

All applicants, except for Simmons students who will apply during the end of their junior year, are required to submit a \$250 non-refundable deposit by July 1 for fall entry and December 1 for spring entry. Simmons applicants must submit a \$100 non-refundable deposit by these dates. This deposit is applied to the first term bill.

Deferred Entrance for MS Program

An accepted student may request in writing to the Assistant Dean/Director of Admission of SHS a deferral of the entrance date for a maximum of one year. The student must indicate what he/she will do in the interim. If granted a deferral, a non-refundable enrollment deposit of \$250 is required to ensure enrollment. Simmons students are required to submit a \$100 non-refundable deposit. International students will be considered on an individual basis, due to immigration issues.

Certificate in Sports Nutrition Program of Study

The program consists of four, three-credit courses and can be completed in either one or two years. Courses may transfer to the Master's nutrition program and are offered in the evening and on weekends.

Students completing the program are prepared to take the ACSM Health/Fitness Instructors Exam.

Admission Requirements for Certificate in Sports Nutrition

The student must hold an undergraduate degree in nutrition, exercise physiology, kinesiology or sports medicine or related fields. Prerequisite courses include: introductory nutrition, anatomy and physiology I and II from an accredited college or university. Students are selected on the basis of academic performance, letters of recommendation, and personal statements.

Application Procedure for Certificate in Sports Nutrition

Applicants are responsible for mailing the application packet in one unit (except academic transcripts) to the School for Health Studies. All documents submitted become the property of Simmons College and cannot be returned to the applicant. The packet includes:

1. A completed application form, including personal statement and check-off list;
2. Two letters of recommendation (in sealed, signed envelopes) from individuals able to comment on the academic ability, work experience, leadership potential, character, and personality of the applicant. At least one letter should be from a faculty member;
3. Official academic transcripts (signed and sealed) from all undergraduate and graduate academic institutions attended;
4. A nonrefundable \$50 application fee, made payable to Simmons College. In addition, the following should be sent directly to the School for Health Studies by the testing agencies:
 1. Students whose first language is not English must submit the Test of English as a Foreign Language (TOEFL) results, taken within the last two years. A minimum score of 570 (paper test) or 230 (computer test) is required.
 2. Applicants who have studied abroad must submit academic documents translated into English by an independent translator. Additionally, the academic records may need to be evaluated by an agency specified by the School for Health Studies.

Application Deadline for Certificate in Sports Nutrition

Carefully review application deadline dates for programs in the School for Health Studies. Deadline dates differ. The CSN deadline for fall (September) entry is June 1 and for spring (January) entry, it is November 1.

Enrollment Deposit for Certificate in Sports Nutrition

Accepted students must submit a \$250 non-refundable deposit by July 1 for fall entry and December 1 for spring entry. Simmons applicants must submit a \$100 non-refundable deposit by these dates. This deposit is applied to the first term bill.

Deferred Entrance for Certificate in Sports Nutrition

An accepted student may request in writing to the Director of Admission of SHS a deferral of the entrance date for a maximum of one year. The student must indicate what he/she will do in the interim. If granted a deferral, a non-refundable enrollment deposit of \$250 is required to ensure enrollment. Simmons students are required to submit a \$100 non-refundable deposit. The deposit is applied to the first term. International students will be considered on an individual basis, due to immigration issues.

Admission Requirements for Dietetic Internship Program

The student must hold an undergraduate degree from an accredited college or university and meet the didactic requirements of the American Dietetic Association. Students are selected on the basis of academic performance, letters of recommendation, work experience, civic and/or university activities, and their personal statements.

Application Procedure for Dietetic Internship Program

Applicants are responsible for mailing the application packet in one unit (except academic transcripts) to the School for Health Studies. All documents submitted become the property of Simmons College and cannot be returned to the applicant. The packet includes:

1. A completed Supervised Practice Program application form including a personal statement and a check-off sheet;
2. Three letters of recommendation (in sealed, signed envelopes) from individuals able to comment on the academic ability, work experience, leadership potential, character and personality of the applicant. At least two letters should be from a food and nutrition instructor;
3. Official academic transcripts (sealed and signed) from all undergraduate and graduate academic institutions attended;
4. Verification of completion of Didactic Program in Dietetics approved by the Commission on Accreditation for Dietetics Education of the American Dietetics Association or the Declaration of Intent to Complete Didactic Program. (In the latter instance, the verification statement must be received before the student enters the program.);
5. A nonrefundable \$50 application fee, made payable to Simmons College.

In addition, the following is required and should be sent directly to the School for Health Studies by the testing agencies:

1. Applicants whose first language is not English must submit the Test of English as a Foreign Language (TOEFL) results, taken within the last two years. A minimum of 570 (paper test) or 230 (computer test) is required.
2. Applicants who have studied abroad must submit academic documents translated into English by an independent translator, as well as in the native language. Additionally, the records may need to be evaluated by an agency specified by the School for Health Studies.
3. All non-U.S. citizens who will require a student visa for study in the U.S., must provide accurate and current (within six months prior to applying) evidence of ability to pay for the cost of a SHS education. These costs are variable and outlined on the enclosed "Certification of Finances" form. **Both sides of this form must be completed and returned directly to the SHS Office of Admission.**

If this form is not used, an original signed statement from the applicant's sponsor indicating a willingness to provide financial support and a statement from the sponsor's bank verifying the availability of sufficient funds must be received.

All documents must be signed in original ink, written in English and funds must be shown in U.S. dollars (\$). Certain countries limit the amount of money which may be sent abroad. Thus, it is very important for the applicant to inquire about the regulations in the home country concerning transfer of funds. **Applications cannot be reviewed without certification and documentation of financial resources.**

All applicants to Dietetic Internships (DI) must participate in computer matching. Applicants should request instructions and a mark/sense card to prioritize their DI or AP4 preferences. Applicants should request this material from any ADA-approved Didactic Program in Dietetics or from D & D Digital Systems. This request should be made early enough to allow turn around time for submission by the **February 15 (postmark)** national deadline. There is no charge for this material. However, there is a \$50 charge for computer matching that is due with the applicant's prioritized ranking. Address requests to:

D & D Digital Systems
304 Main Street, Suite 301
Ames, IA 50010-6148
Telephone: 515.292.0490
Fax: 515.663.9427
Email: dnd@netins.net

Application Deadline for Dietetic Internship Program

The national application deadline is February 15.

Enrollment Deposit for Dietetic Internship Program

All applicants who are matched are required to submit a \$250 non-refundable deposit by May 1. This deposit is applied to the first term bill.