

The NCAA has adopted stricter guidelines necessary for the application of a medical exception specifically for the use of banned stimulant medications to treat Attention Deficit Hyperactivity Disorder (ADHD). This stricter application will provide more complete information to the medical panel of the Committee on Competitive Safeguards and Medical Aspects of Sports (CSMAS), which reviews requests for a medical exception to a positive drug test for these stimulant medications. This information is necessary to appropriately apply the exceptions policy, so that student-athletes are adequately monitored while using a stimulant medication that can negatively impact health and safety, and so that stimulants are not being used strictly for athletic performance enhancement.

This stricter application will require **ANNUAL** documentation that demonstrates the student-athlete has undergone a clinical assessment to diagnose ADHD, is being monitored routinely for the use of the stimulant medication, and has a current prescription on file, in order to be approved for a medical exception to the banned drug policy. This documentation should be kept on file at the institution and produced in the event that student-athlete tests positive for the banned medication.

If you are, or will be on any medication for the treatment of ADD/ADHD the following information will have to be complete by the caring physician and submitted to the Simmons College Sports Medicine Department prior to your first day of practice.