



North Atlantic Conference

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2009 NAC FIELD HOCKEY ALL-CONFERENCE TEAMS ANNOUNCED

Julia Ostrowski of St. Joseph's College of Maine was selected the North Atlantic Conference Field Hockey Player of the Year in a vote by the conference coaches. The senior forward led the league with 11 goals in conference play and along with 4 assists had a hand in over half of her team's goals as the Monks finished conference play 7-0.

Thomas first year forward Ally Kennedy was chosen as the conference Rookie of the Year. Kennedy scored twice during conference play and added two assists for the Terriers.

St. Joseph's College of Maine head coach Rupert Lewis earned recognition as NAC Coach of the Year. Lewis' team went unbeaten in regular season conference play and are the top seed in the NAC field hockey tournament.

First year program Rivier College was honored with the Team Sportsmanship Award. NAC all-conference selections are determined by a vote of the conference coaches. Additional players honored are due to ties in the voting.

2009 NAC Field Hockey All-Conference Teams

First Team

Helen Berry	Jr.	D	Husson
Emma Deans	Jr.	M	Farmington
Molly Fraher	Sr.	D	Castleton
Jillian Kimball	Sr.	D	St. Joseph's (ME)
Courtney Nolan	Jr.	F	Castleton
Kayla Nowell	Jr.	F	St. Joseph's (ME)
Julia Ostrowski	Sr.	F	St. Joseph's (ME)
Tia Pratt	Jr.	M	Lasell
Emily Sypher	Sr.	F	Simmons
Jen Szkolt	Sr.	GK	Simmons
Ashley Wentworth		M	Farmington

Second Team

Courtney Allen	Sr.	M	Husson
Sarah Brown	Jr.	GK	Farmington
Alexis Evans	Jr.	D	Thomas
Kimberly Glynn	Sr.	D	St. Joseph's (ME)
Lorri Hiltz	So.	F	Husson
Sara Jannuzzi		D	Lasell
Jenika Kelley	Sr.	M	Husson
Ali Kriegel	Jr.	F	Thomas
Jillian Morin	Jr.	F	Husson
Jessica Scott	Sr.	M	Castleton
Alyssa St. Pierre	Sr.	F	Farmington

Player of the Year

Julia Ostrowski Sr. F St. Joseph's (ME)

Rookie of the Year

Ally Kennedy Fr. F Thomas

Coach of the Year

Rupert Lewis St. Joseph's (ME)

Team Sportsmanship Award

Rivier